Name	Date
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Vocabulary Self-Rating: How much do I know?

Write down words in the first column that you have come across recently. You may have read the words or heard somebody say them. Tick the box to show how well you know each word. There is an example first.

Example

Word	l don't know it	I have heard of it before	I know a bit about it	I know it well
Exhilarate			✓	

Word	I don't know it	I have heard of it before	I know a bit about it	l know it well
1.				
2.				
3.				
4.				
5.				
6.				