

Core Vocabulary Therapy

What is it?

Core vocabulary therapy is a structured therapy technique aiming to improve the accuracy of sounds in everyday words. It is adapted for every child so that they are practicing words that they'll use in their everyday life.

Who is it for?

This approach is ideal for children who have difficulties pronouncing the sounds in words. It is particularly helpful for children whose productions of words are variable e.g. if a child says the word 'dog' they may say 'gog', 'god' or 'dod' at different times when talking.

How is it delivered?

A Speech and Language Therapist will deliver therapy sessions to guide the child when saying the chosen words. Parents or carers are also encouraged to practice with the child outside of therapy sessions too. The length of the session is usually about 10 minutes but if the child has a limited attention span, this can be broken up into two shorter 5 minute sessions.

A list of 50 words is made, but 10 are chosen from the list to begin with. The aim is for the child to repeat the 10 chosen words during the session three times. You can present the words to the child in writing if they can read or if not your therapist can make you some picture cards to use. It is a good idea to motivate your child using games and rewards whilst practicing the words.

Every time the child says a word, this is recorded eg. 'gog' 'god' 'dog'. You can use the record sheet to keep a log of the child's productions. Encourage the child to listen to you saying the words too and watch your mouth when you are talking.

You may find that for the first few sessions you are focusing on the same 10 words. Once the child can say one of the words accurately for all three attempts you can swap this word with another from the list.

Choosing the words

It is helpful for parents and carers to suggest words that the child will use in their everyday life. This could be family member's names, words to do with their daily routine, interests, TV characters etc. You may want to share photos of family and friends with your therapist so that picture cards can be made and used in sessions.

If you need any further advice please contact your Speech and Language Therapist.

RECORD SHEET

Child's Name:

Date	Target Words	1 st Attempt	2 nd Attempt	3 rd Attempt
	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.
	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.	1. 2. 3. 4. 5. 6. 7. 8. 9. 10.