

## Developing children's concepts of colours

It is important that children learn to recognise, name and understand colours from an early age. The following are suggestions of games that will help you to develop your children's concept of colours.

- **Colour Walk**

Take your child on a walk, commenting on all of the different colours that you see, e.g. the grass is green, the bus is red, the cat is black, the sky is blue.

- **Sorting Colours**

Gather together items that are the same colour, for example some items that are blue and some items that are red. It is best to start off with just two colours as introducing too many different colours could become confusing. Sort the items out into the same colours so you have all the red items together and then all of the blue items together. If you do not have enough items of the same colour, you could use pictures.

- **Colour Bags**

You will need two different coloured bags, e.g. a green bag and a red bag. You will also need some items that are the same colour as the coloured bags. Pick the first item and ask the child whether it is red or green showing them the specific bag as you say the colour. When the child puts it in the correct coloured bag, reinforce the colours by saying "yes it's a red car". If you do not have enough items of the same colour, you could use pictures.

- **Dress up Teddy/Dolly**

When your child is dressing teddy/dolly, comment on the different colours of the clothes. You could then reinforce the colour concepts by saying "Teddy's t-shirt is blue, look your t-shirt is blue too".

- **Colour Bingo**

Print off the bingo card in this pack that has different colours on it. Call out a colour one at a time and see if the child can find it on their bingo card.

		
		
		